

VA BOSTON Harvard South Shore

Psychiatry Residency Training Program

THE VAB-HSS VISION:

TO DEVELOP PSYCHIATRY LEADERS OF TOMORROW THROUGH HARD WORK, INNOVATION, AND SERVICE.

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HOME

Welcome

Welcome to the official page for VA Boston-Harvard South Shore (VAB-HSS), one of five ACGME-accredited four-year psychiatry residencies affiliated with Harvard Medical School. Our program combines the stable financial sponsorship of the VA Boston Healthcare System with diverse training at Harvard-affiliated sites to prepare residents for careers in any healthcare setting. VAB-HSS is a medium sized program (8 residents per year), which optimizes personal career development. Here, you can access a wealth of information about VAB-HSS. As a VA program, we must adhere to official federal hiring practice guidelines which require an employee to be a U.S. citizen. We regret that we are unable to hire non-citizens and therefore encourage non-citizens to not apply. If you have additional questions, please don't hesitate to contact us.

Mission

At VA Boston-Harvard South Shore we cultivate the development of psychiatrists who are dedicated to evidence-based, compassionate, patient-centered care, innovative research, and national leadership. By mobilizing Harvard and VA resources, and drawing upon our diverse backgrounds, we generate a supportive environment for academic excellence that fosters superior clinical care and discovery.

Diversity Statement

It is our vision to build upon and expand the diversity within VAB-HSS. To do so, we aim to cultivate an inclusive work and learning environment where all residents, faculty, and staff are fully engaged and empowered to become caring physicians, scholars, and leaders.

At a core level, inclusion for us means that individuals are respected and valued such that they have both the freedom and the desire to engage fully in the program.

At VAB-HSS we embrace the mission to continuously strengthen a shared culture of inclusion, where a person's identity is protected and valued to the fullest. We humbly acknowledge that this requires thoughtful commitment by all members of the community.

Further, we assert that anti-racism and a commitment to social justice are core competencies for physicians, including resident physicians.

Our Philosophy

The VA Boston-Harvard South Shore Psychiatry Residency Training Program (VAB-HSS) prepares residents for highly rewarding careers in psychiatry. Our program philosophy is that graduating physicians need strong training not only in the fundamentals of psychiatry, psychotherapy, and pharmacology, but also in research literacy, teaching skills, and leadership development. Across the four years of residency, residents' aptitude in each of these domains builds significantly.

This <u>five-dimension approach</u> sets us apart from other training programs as we have strong programs in each. The PGY-4 year consists primarily of electives, enabling each resident to define his or her own academic curriculum. Beyond our strong didactic and experiential learning curriculum, VAB-HSS is exceptional in its commitment to diversity.

Our residents come from a variety of backgrounds and each resident brings unique talents and strengths which create a vibrant, supportive educational environment.

LEADERSHIP

Letter from the Program Director: Deisy Ramirez, M.D.



psychiatrists.

Dear Prospective Applicant,

Welcome to VA Boston-Harvard South Shore (VAB-HSS) and thank you for your interest in our program!

We have faced major challenges, and overcame them, over a transformative year in the field of psychiatry, our nation, and the world. We learned to adapt at a fast pace, we learned that we are resilient, and we learned to embrace the differences that make our program and nation unique. We are better prepared to enter a new stage in psychiatry education, with a new sense of responsibility to provide mental health services to millions of individuals suffering from mental illness and educate outstanding future

The VA Boston-Harvard South Shore Program is based at the VA Boston Healthcare System and affiliated with Harvard Medical School. We provide comprehensive training to our residents to become the psychiatry leaders of tomorrow through development of clinical expertise, research skills, and excellence in education and teaching.

Our residents acquire clinical excellence through rotations in a broad range of settings, providing them with the knowledge and tools needed to become independent psychiatrists upon graduation. Our clinical training is supplemented by affiliations with major psychiatric centers in the Boston area as part of our role as a Harvard Medical School psychiatry training program. Residents from our program pursuing subspecialty training are highly competitive, frequently matching in their first-choice program at top centers in the country.

In addition to our world-class clinical training, the Harvard South Shore program supports trainees in their research, leadership, educational, and advocacy ambitions throughout the four years:

We support residents with research interests to further develop their careers as
physician scientists through our research track option and outstanding
mentorship with researchers in our department and the greater Harvard Medical
School network. All residents are encouraged to develop curiosity and research

interests, with application in their clinical work leading to presentation of their work at local, regional, national, or international meetings and subsequent publications.

- We are committed to help our residents become leaders and educators offering ample participation in administrative roles, educational activities, and support.
- We aim to integrate excellence in training, with the sense of responsibility for the future of our program and our nation, while promoting a collegial training environment, and preparing the next generation of psychiatrists for upcoming challenges and opportunities.
- We value the sense of "family" in our program. We constantly work to support one another, foster a culture of collegiality, embrace the diversity of our residents, and support the growth of our residents and faculty. We foster and nurture long-lasting relationships that will empower and support you throughout your career.

The upcoming interview season will incorporate what we learned during the past year with the remote interview process and adapt to an everchanging environment. At VA Boston-Harvard South Shore, we aim to provide you a comprehensive overview of what it is like to be a resident, so you can truly imagine what it would be like to live and train here.

We look forward to receiving your application and meeting you, wishing that you enjoy the interview process and grow as you make decisions for the next stage in your careers and lives.

Sincerely,

Deisy Marcela Ramirez, M.D.

Program Director, Harvard South Shore

Letter from the Chair: Grace Chang, M.D., M.P.H.



Dear VAB-HSS Applicant,

Thank you for your interest in the VA Boston-Harvard South Shore Psychiatry Residency Training Program. We are delighted to share our enthusiasm for the program with you.

By way of introduction, I am Professor and Chair of Harvard Psychiatry at the VA Boston Healthcare System. A graduate of Yale College and the Rutgers-Robert Wood Johnson Medical School, I completed training in General Adult Psychiatry at the Yale University School of Medicine where I was subsequently a Robert Wood Johnson Clinical Scholar in Internal Medicine and Psychiatry. My clinical research career

has been dedicated to the identification and treatment of the substance use disorders in the obstetric, medical, and emergency room settings. Having been active as both a clinician and researcher in transplantation psychiatry, I am currently Chief of the Consultation Liaison Psychiatry Service at the West Roxbury campus.

I have had the privilege of working at some of the best academic medical centers in America, and I am pleased to count VA Boston Healthcare to be among them. The VA is the nation's largest integrated health system, offering comprehensive services to eligible veterans. And, as a recent RAND Corporation study of health care quality shows, the VA health system provides care that is higher in quality than what is offered elsewhere in communities across the nation. Fortunately, the VA is also the nation's largest educator of health care professionals in the United States.

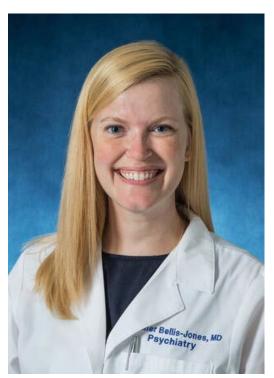
Thus, the VA Boston-Harvard South Shore Psychiatry Residency could be the ideal setting for the candidate who is interested in achieving clinical and academic excellence. Faculty and staff are dedicated to patient care and to your education. We are committed to working with you so that your potential will have its fullest expression. Please feel free to be in touch if you would like any other information as you consider your training options.

With best wishes,

Grace Chang, M.D., M.P.H.

Professor of Psychiatry, Harvard Medical School Chair, VA Boston Harvard Medical School Department of Psychiatry

Letter from the Associate Program Director: Heather Bellis-Jones, M.D.



Dear Prospective Applicant,

My name is Heather Bellis-Jones, M.D. I am an attending in the Boston VA Healthcare System, specifically at the Brockton campus, and I am the Associate Program Director for the VA Boston-Harvard South Shore (VAB-HSS) Psychiatry Residency Program. In addition, I am one of the coordinators for the PGY-3 outpatient clinic.

I graduated from Georgetown College and received my medical degree from the University of Louisville prior to completing my residency training in Psychiatry at The Johns Hopkins Hospital. I joined the Boston VA in July 2019. My specific clinical duties are outpatient psychiatry within the General Mental Health (GMH) clinic, and I provide emergency psychiatric services in our Urgent Care. We strive to promote clinical excellence, professionalism, and compassionate patient-centered care.

I look forward to working with residents and further developing the didactics program for the VAB-HSS residency.

Sincerely, **Heather Bellis-Jones, M.D.**Associate Program Director
Harvard South Shore

Leadership Biographies

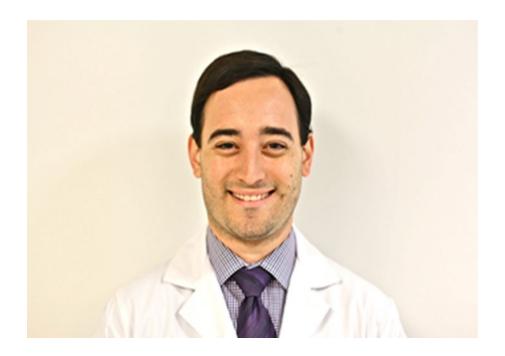
John C. Bradley, M.D., Chief of Psychiatry & Director, Mental Health Service VA Boston Healthcare System



John C. Bradley, M.D. received his medical training at the Uniformed Services University School of Medicine and completed residency training in Psychiatry at Letterman Army Medical Center in San Francisco, California. Dr. Bradley retired from the U.S. Army Medical Corps where he served as Chair of the Department of Psychiatry at Walter Reed National Military Medical Center, and Clinical Professor of Psychiatry and Vice Chair at Uniformed Services University. His military career included operational assignments for peacekeeping, stability and support operations, and combat operations in Operation Iraqi Freedom. Dr. Bradley has been honored to serve on a number of national committees and advisory

councils. He served as co-chair of the VA/DoD Clinical Practice Guideline for the Management of Suicidal Behavior. He served as the clinical subcommittee chair and Army representative for the DoD Task Force for the Prevention of Suicide by Members of the Armed Forces, and co-investigator for the Army Study To Assess Risk and Resilience in Servicemembers (ArmySTARRS). He served as an advisor to the Institute of Medicine of the National Academies of Sciences, Board on the Health of Select Populations. Dr. Bradley has provided expert testimony to the US Congress and served on numerous scientific advisory committees. He has published extensively on the treatment of combat trauma and PTSD, the management of Suicide, and on the American Revolution.

Terrance Dolan, M.D., M.S, Executive Chief Resident 2022-2034



My name is Terrance Dolan. I am a PGY-4 resident and Executive Chief Resident. I'm originally from northern New Jersey, studied psychology & biochemistry as an undergrad at the University of Rochester, NY and attended medical school at New York Medical College before coming to Boston. During my training here at VAB-HSS, I've had so many opportunities to grow as a psychiatrist, get involved in research, teaching, leadership, and more in a collaborative environment. I've enjoyed a broad range of clinical experiences and met so many incredible role models both professionally and personally, who have provided encouragement and support along the way. Some of my professional interests include Autism Spectrum Disorder, ADHD, psychotherapy, and education of trainees. As Chief resident, I'm involved in education, policy development, & liaison between clinical services but most rewardingly advocating for and supporting my fellow residents. I'll also be involved in residency recruitment! I've thoroughly enjoyed my time as a resident at VAB-HSS – I hope you come visit us and look forward to meeting you and introducing you to our VAB-HSS family!

Program Coordinator

Erin Lovell, Program Coordinator, VA Boston-Harvard South Shore Psychiatry Residency Program



Erin Lovell received an Associate of Arts degree in Healthcare, graduating with high honors from Heald College in Hayward, California before receiving certification as a coding associate. She started her career working as a CME Certification Program Coordinator at the Institute of Medical Quality, and eventually joined the VA Boston-Harvard South Shore family in 2016. As a Program Coordinator she believes that her role is to serve as a go-to person who can get things done for the program and those she advocates for. To her, being effective in the role means that she can be relied upon to actively seek to improve processes and situations, and do what is best in the interest of residents and faculty alike. Erin was honored to receive an

Employee of the Month award through the nomination of VA Boston-Harvard South Shore's residents to recognize her vigorous commitment to serving their needs an improving their learning experience. Erin is a technology enthusiast who uses her skills to resolve technical difficulties, as well as to seek out new solutions for greater convenience, accuracy, and efficiency. She places a great amount of importance on celebrating the little things, and is famously known for her festive decorations, treats and costumes around the holidays.

Resident Leadership Positions Within VAB-HSS

Program Evaluation Committee (PEC) resident members:

PEC is the evaluation and policy-writing committee at VAB-HSS. Many residents sit on the committee, giving VAB-HSS residents an outsized voice in running our program.

Adam Adnane, M.D., PGY-1 Resident Member of PEC J Gresham, M.D., M.A., PGY-2 Resident Member of PEC Robert Daily, M.D., M.S., PGY-2 Resident Member of PEC Alison Rembisz, M.D., PGY-3 Resident Member of PEC Jacob Horton, M.D., PGY-3 Resident Member of PEC Terrance Dolan, M.D., PGY-4 Resident Member of PEC

Ombudspersons:

Ombuds at VAB-HSS are resident-leaders who serve as a conduit of information between VAB-HSS residents and VAB-HSS administrators, collecting feedback and concerns/suggestions from their fellow residents.
Christopher Laboe, M.D., PGY-1 Resident Ombuds
Dora Geving, M.D., PGY-2 Resident Ombuds
Scott Lee, M.D., PGY-2 Resident Ombuds
Justine Lazatin, D.O., PGY-3 Resident Ombuds
Faith Donaghey, M.D., PGY-3 Resident Ombuds

Graduate Medical Education Committee (GMEC) Members:

GMEC is the committee tasked with refining the quality of graduate medical education at VAB-HSS and VA Boston as a whole, as well as ensuring compliance with ACGME standards. Resident members are important contributors to the committee.

Adam Adnane, M.D., PGY-1 Resident Member of GMEC J Gresham, M.D., M.A., PGY-2 Resident Member of GMEC Robert Daily, M.D., M.S., PGY-2 Resident Member of GMEC Alison Rembisz, M.D., PGY-3 Resident Member of GMEC Jacob Horton, M.D., PGY-3 Resident Member of GMEC Terrance Dolan, M.D., PGY-4 Resident Member of GMEC Justine Lazatin, D.O., PGY-3 Resident Member of GMEC Faith Donaghey, M.D., PGY-3 Resident Member of GMEC

Journal Club:

The VAB-HSS Journal Club is a fully resident-run weekly meeting in which participating residents read and discuss relevant literature.

Alesia Cloutier, D.O., M.S., Co-Director Faith Donaghey, M.D., Co-Director

VAB-HSS Birthday Poets Laureate:

Following tradition at VAB-HSS, one or two residents are designated to write and share poetic celebrations of their fellow residents for their birthdays. This tradition gives VAB-HSS residents the opportunity to express love and admiration for one another every year!

Alison Rembisz, M.D., PGY-3 Current Member of Poets Laureate Dora Geving, M.D., PGY-2 Current Member of Poets Laureate Terrance Dolan, M.D., PGY-3 Former Member Troy Nold, M.D. M.S., PGY-3 Former Member Omar Pink, M.D., PGY-3 Former Member

Resident Chairpersons:

Faith Donaghey, MD, Chair of Education



Dr. Donaghey hails from Connecticut. She is a graduate of Providence College and the University of Connecticut School of Medicine. She is currently a PGY-III resident at Harvard South Shore. Her professional/clinical interests include consult-liaison psychiatry, integrated care, and medical education. In her spare time, she enjoys playing the guitar and trumpet, hiking, and is in the early stages of adding gravel biking to her list of hobbies.

Justine Lazatin, D.O., Chair of Research



Justine Lazatin (she/her) is a PGY-3 Harvard South Shore (HSS) resident. As HSS Chair of Research, Justine is passionate about supporting her co-residents' scholarly endeavors. Her responsibilities include planning the annual HSS Research Day, facilitating co-resident involvement in research projects, and leading Journal Club discussions, in collaboration with her research compatriot, Dr. Lee, who is a PGY-2 and the HSS Research Representative. In addition to this role, Justine serves as Assistant Editor for the Harvard Review of Psychiatry journal, is a member of the Harvard Law School Pro Bono Medical Advisory Board and is co-chair of the Massachusetts Psychiatric Society's Early Career Psychiatry subcommittee. Her academic interests include the substance use disorders, medical education, and leadership development. In prioritizing work-life integration, she enjoys spending time with her family and co-residents!

Bryan Yanez, MD, MBA, Chair of Quality Improvement (QI)



Bryan Yanez (he/him) is a PGY-3 Harvard South Shore (HSS) resident. He received his M.D. from Tufts University School of Medicine and M.B.A. from Brandeis-Heller School for Social Policy. As HSS Chair of Quality Improvement (QI), Bryan is a strong proponent for

QI projects and health equity. His responsibilities include crafting a new PGY-2 PS/QI elective, supporting resident QI experiences, nurturing a culture of improvement, and advocating knowledge of healthcare systems/leadership. For example, weekly QI fun facts aim to increase awareness of systems during clinical rotations. In addition to this role, Bryan is a member of the Harvard Law School Pro Bono Medical Advisory Board and active in various QI projects. His academic interests include mood disorders, health equity, wellness, functional medicine, leadership development, organizational psychology, and business. When not working, he enjoys board/card games, cooking, reading/Audible (200+ books since finishing med school), and Zumba.

Martina Sinopoli, MD Chair of Wellness



Resident Leadership Positions Outside of VAB-HSS

Alesia Cloutier, D.O., Massachusetts General Hospital/McLean Hospital Geriatric Psychiatry Chief Resident (2022-2023)

Taline Aydinian, M.D., Mentorship Chair for the Reproductive Psychiatry Trainee Interest Group and on the Medical Education Subcommittee of the ACLP

Massachusetts Psychiatric Society Committee Resident Leaders:

Justine Lazatin, D.O., Early Career Psychiatry Committee Co-Chair Anderson Chen, M.D. - Early Career Psychiatry Committee, Resident Co-Chair Terrance Dolan, M.D. - Continuing Medical Education Committee, Resident Member

Boston Psychoanalytic Society and Institute (BPSI) Fellows:

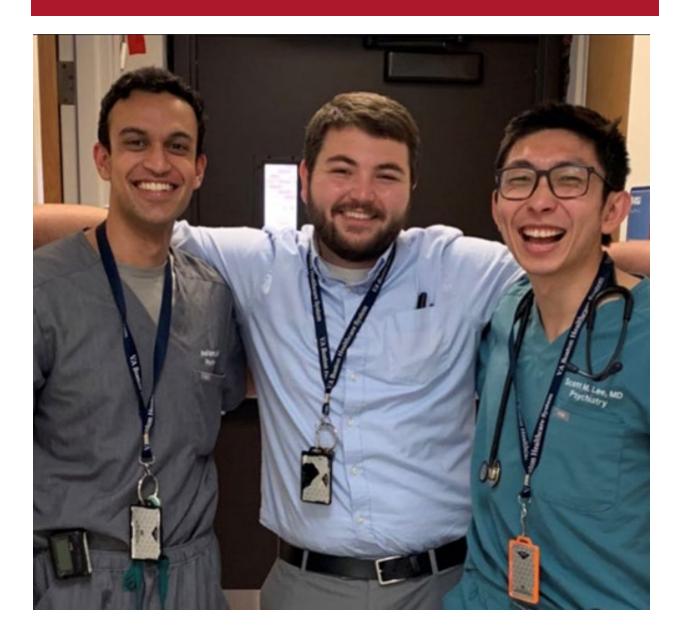
Terrance Dolan, MD, MS Fellow

National Fellowships:

Brendan Campbell, M.D. (VAB-HSS Class of 2021) - Neuropsychiatry and Behavioral Neurology Fellow

Aaron Greenstein, M.D. (VAB-HSS Class of 2021) - VA Health and Aging Policy Advanced Fellowship

CURRICULUM



Site Descriptions

VA Boston is a large healthcare system composed of three campuses, two of which are in Boston and one just outside of Boston. The Brockton campus (BR) is home base for mental health and the VAB-HSS program. It houses two acute inpatient psychiatry wards with 52 beds total, two long-term psychiatry units, a residential unit for substance abuse treatment, a sub-acute rehabilitation center, and an inpatient palliative care /hospice unit. Also located on this campus is an active urgent care where residents will conduct admission assessments on-call. The Brockton campus has a large outpatient mental health clinic where residents complete most of their outpatient clinical training. The Jamaica Plain campus (JP) largely consists of outpatient services, including the specialty neurology clinics through which residents rotate (memory, movement disorders, multiple sclerosis, epilepsy, psychogenic nonepileptic seizures, general neurology). Residents complete two other rotations at JP - the Substance Abuse Recovery and Rehabilitation Treatment Program (SARRTP), a 6-week residential program for veterans with substance use disorders, and the PACU where residents get hands-on exposure to ECT and ketamine procedures. Residents have the option to complete some outpatient work at the JP campus. The West Roxbury campus (WX) is the primary medical and surgical hospital for VA Boston and it is here residents get inpatient medicine exposure and later return for consultation-liaison psychiatry, and where our PGY-3s primarily take call with the consultation service.

McLean Hospital is a leader in psychiatric care, research, and education. It is the largest psychiatric teaching hospital of Harvard Medical School, is consistently ranked among the top psychiatric hospitals in the country, and home to the nation's oldest and globally renowned research program in a psychiatric hospital setting. McLean Hospital has famously been represented in a variety of literary and film representations of mental health treatment. Our residents rotate at the Belmont campus and the Southeast campus in Middleborough. While at McLean, residents have hands-on exposure to both Electroconvulsive Therapy (ECT) and Transcranial Magnetic Stimulation (TMS), and will complete their child & adolescent psychiatry training and geriatric psychiatry training. Residents will also rotate through the partial hospitalization program, the acute inpatient units, and the admitting unit at McLean Hospital. Residents will work alongside MGH/McLean residents and other HMS-affiliate residents rotating at McLean Hospital.

Corrigan Mental Health Center is a Department of Mental Health (DMH) facility serving a catchment area that includes Fall River, New Bedford, and surrounding towns. Residents rotate on acute inpatient psychiatry as a PGY-2 and have the option of rotating in the outpatient clinic during the PGY-3 year. Inpatient and outpatient settings alike will expose residents to the treatment of severe and persistent mental illness including treatment-resistant schizophrenia.

Brockton Multi-Service Center is a Department of Mental Health (DMH) facility in the Southeastern Area network that serves as a catchment for Brockton and surrounding towns. Residents may complete their PGY-3 outpatient community clinic rotation at BMSC. This outpatient setting will expose residents to the treatment of severe and persistent mental illness including treatment-resistant schizophrenia.



Didactics Full Academic Day (every week)

All residents including those rotating with medicine, neurology, and offsite rotations are excused from clinical duties on Wednesdays for the full day to focus on didactic curriculum. Our residents benefit from the camaraderie fostered by sharing a protected didactic day, and the didactic day helps to prepare residents for patient encounters in psychiatry, medicine, and on-call. In spring of 2020 we made the transition into an entirely virtual academic day where residents are able to access courses using virtual platforms such as zoom, Webex, and Microsoft teams from the comfort of their homes. Though this change was made to promote safety and physical distancing in the era of COVID-19, this modification has been so well received we plan to continue offering virtual didactics well into the future. To help facilitate remote learning, including best practices for telepsychiatry, all residents have received VA-issued laptops. Topics include psychiatric diagnosis and interviewing, psychopharmacology, ethics, neuropsychiatry, human development, supportive psychotherapy, cognitive behavioral therapy (CBT), cognitive processing therapy (CPT), motivational interviewing (MI), psychodynamic psychotherapy, diversity and inclusion, consultation-liaison psychiatry, human sexuality, history of psychiatry, careers in psychiatry, leadership development, a weekly PGYI process group, a resident led morbidity and mortality conference, and many more. We are particularly proud of our outstanding faculty, focus on evidence-based care, and education innovation. Highlights include: psychopharmacology with Dr. David Osser, the founder of the Psychopharmacology Algorithm Project.

Grand Rounds

Grand Rounds Grand Rounds is a twice-monthly lunchtime series where VAB-HSS residents have the opportunity to meet nationally renowned experts in Psychiatry. Grand Rounds is built into the Wednesday Academic Day with lunch provided by VAB-HSS. As a VA flagship facility, the VA Boston Healthcare system makes its Grand Rounds available virtually, with CME, to all VA facilities across the country. Additionally, PGY4 residents have the opportunity to present in grand rounds, teaching to a national audience of psychiatrists.

Journal Club

Journal Club Online forum where residents post and discuss landmark articles in psychiatry. It is a resident-run forum, conducted virtually, and available to any residents who want to attend during any rotation.

Harvard Day

Harvard Day is an event held each autumn that allows Psychiatry residents from all five Harvard residency programs to come together for a day of scholarship. Each year, one of the Harvard residency programs hosts the day and chooses a theme for which they select a keynote speaker and develop various breakout seminars.

DMH Day

The Department of Mental Health (DMH) hosts an event each year for all Massachusetts psychiatry programs to meet and join in a discussion led by an inspiring keynote speaker that is doing important work to push our field forward.

Harvard Mysell Day and VAB-HSS Research Day

Harvard Mysell Day and VAB-HSS Research Day are held each spring. Harvard Mysell Day allows all Harvard psychiatry residency programs to come together and share their research at a large poster session. A renowned psychiatrist who has dedicated a substantial portion of his/her career to research is asked to come as a keynote speaker. The keynote speaker presents his/her research and shares lunch with the residents for a career planning Q&A.

VAB-HSS also holds VAB-HSS Research Day each spring, allowing VAB-HSS faculty and residents to share their research with each other and cheer on the accomplishments within VAB-HSS. The <u>2020 VAB-HSS Research Day</u> was held as a virtual event with posters, short oral presentations and other scholarly presentations presented by residents and faculty. Twenty of our residents presented their research at this fun and successful event.

VA Fellowships

The VA Advanced Fellowship programs provide unique preparation for future leaders in healthcare by providing hands-on mentored educational experiences to develop skills in specific clinical areas and more broadly for healthcare system and healthcare education system transformation through policy, system redesign, and research. Through creative partnerships, use of new technology, and innovative educational modalities, the VA Advanced Fellowships Program promotes and fosters the highest standards of leadership, intellectual integrity, research, and patient care. Harvard South Shore residents may apply to select fellowships as a post-graduate year. VA Advanced Fellowships include:

• Addiction Treatment

- Advanced Geriatrics
- American Board of Medical Specialties Visiting Scholars (ABMS)
- Big Data-Scientist Training Enhancement Program (BD-STEP)
- Geriatric Neurology
- Health and Aging Policy Fellows Program
- Health Services Research and Development
- Health Professions Education Evaluation and Research
- Health Systems Engineering
- Medical Informatics
- Mental Illness Research & Treatment (MIRECC)
- Multiple Sclerosis
- National Clinician Scholars Program
- Parkinson's Disease
- Patient Safety
- Polytrauma & Traumatic Brain Injury Rehabilitation
- Psychiatric Research / Neurosciences
- Psychosocial Rehabilitation & Recovery Oriented Services
- Quality and Patient Safety (CQRS)
- Quality Scholars
- Clinical Simulation
- Spinal Cord Injury Research
- War Related and Unexplained Illness
- Women's Health

RESIDENTS



PGY-1 Residents



Adam Adnane, MD, MPH Emory University School of Medicine adnanea@sas.upenn.edu



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Pennsylvania State University
College of Medicine
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PGY-1 Resident Spotlight: Taline Aydinian, D.O.



My name is Taline and I am a first-year resident. I am so glad that you are considering the VA Boston-Harvard South Shore Psychiatry (VAB-HSS) Residency Program. It was truly a brief time ago that I was in your shoes navigating virtual interviews and trying to discern which program would be the best fit for me. While intern year is a challenging adjustment, I have found myself continually with a feeling of gratitude for having matched to VAB-HSS and it has truly been everything I could have hoped for in a residency program.

I started my journey with my degree in Exercise Science and in medical school thought I would enter internal medicine or possibly ob-gyn. Yet throughout my clinical experiences, I was drawn most to the psycho-social aspects of behavior and healthcare outcomes. I found psychiatry to be humanistic in nature and loved the therapeutic bond formed with patients that celebrated their unique individuality. Psychiatry is an emotionally enriching yet intellectually stimulating field unlike any other. While my interests are quite broad, I can easily explore my interests with the well-connected resources at VAB-HSS. As I hope to pursue a fellowship in consultation-liaison psychiatry, I have already been well supported in these various pursuits. I have connected with several driven mentors who have helped me grow and only a few months into residency will be presenting at that national ACLP conference alongside one of our wonderful CL Faculty.

In addition to the abundance of support and resources available to us through our program, living in Boston has been nothing short of amazing. It is a thriving city with endless places to explore and things to do! In this short time, I can say that I not only have grown significantly as a physician, but also as a human being. My wellness has only continued to improve throughout residency compared to medical school and I credit this to the culture of balance, support, and wellness being integrated into our training. I encourage you to reach out to reach out to us if you have any questions or want to learn more specifics about the program. I wish you the best of luck on your interview trail!

PGY-2 Residents



Robert Daly, M.D., M.S. University of Massachusetts Medical School



Dora Geving, M.D. University of Tennessee Health Science Center College of Medicine



J Gresham, M.D., M.A. Gieisel School of Medicine at Dartmouth



Peggy Hafezi, M.D. Shahid Baheshti University of Medical Sciences



Scott Lee, M.D. Baylor College of Medicine



Annabel Kuhn, M.D. Medical College of Wisconsin



Neil Mehta, M.D. University of Miami Leonard M. School of Medicine



Tori Waters, M.D.
McGovern Medical School
at University of Texas
Health Science Center at
Houston

PGY-2 Resident Spotlight:

Dora Geving, M.D.



Greetings, y'all! My name is Dora Geving, and I'm a PGY-2 resident who is THRILLED to be at HSS. I hail from Tennessee after completing my undergraduate degree at Belmont University in Nashville, followed by medical school at the University of Tennessee in Memphis. I'm enthusiastic to learn about different cultures, which is why I am so grateful to be training in Boston. My interests within psychiatry vary widely (I thought that picking a single residency was hard enough, and now I learn of all these sub-specialties!) I'm particularly drawn to caring for LGBTQ+ adults and I might pursue a fellowship in Reproductive Psychiatry.

I feel that what makes HSS special is the collegiality among residents-specifically, how we rely on one another. A few examples from this past year will summarize it best: When an apartment move became a nightmare, and I needed urgent help in vacating my apartment in the middle of intern year, my co-resident Neil dropped everything to come help me. On another occasion, when I needed some motherly advice and a shoulder to cry on, my co-resident Annabel arranged for me to meet up with her mom for coffee while she was visiting town. When I experienced a hectic call shift one weekend and needed to be reminded that I'm only human, my co-resident, J, stayed on campus past her designated shift time and sat outside with me in a gazebo behind Urgent Care, where we then laughed and reflected on those events. There are so many more examples I could list, involving each resident in this program, but I think I have a character limit here.... and I should wrap this up.

Regardless of where you choose to call home during the course of residency, please make sure you pick a training environment where you feel supported by your peers. My learning and professional growth would have been completely different if it weren't for these stellar co-residents who have always had my back.

PGY-3 Residents



Faith Donaghey, M.D. University of Connecticut School of Medicine



Matt Gerace, M.D. Tulane University School of Medicine



Jacob Horton, M.D., MBA McGovern Medical School at University of Texas Health Science Center at Houston



Justine Lazatin, D.O. University of New England College of Osteopathic Medicine



Omar Pink, M.D. McGovern Medical School at University of Texas Health Science Center at Houston



Alison Rembisz, M.D. Creighton University School of Medicine



Martina Sinopoli, M.D. University of Connecticut School of Medicine



Bryan Yanez, M.D., MBA Tufts University School of Medicine

PGY-3 Resident Spotlight Omar Pink, M.D.



Hello, my name is Omar Pink and I am a PGY-3 resident here at VAB-HSS. I'm originally from Houston Texas and studied psychology as an undergrad at Texas A&M University, also in Texas I attended McGovern Medical School before coming to Boston Massachusetts. During my training here at this wonderful program I've had endless opportunities to grow, practice,

and improve as a psychiatrist; and while at the same time also teach. The VAB-HSS as many resources to where learning is in a collaborative environment with a team. The rotations here provided me with an extensive variety of clinical experiences, along with mentors who are there for you either on or off the clock. The VAB-HSS faculty have provided a supportive environment for learning and development. Some of my professional interests include community psychiatry, psychotherapy, the VA population, and closely collaborating with other specialties. During my time here I've learned the importance of a good team, and this is demonstrated by working with my fellow residents across all PGY years. My time here as a resident at VAB-HSS has greatly helped in forming me into a better doctor and given me opportunities in careers after graduation. It would be a brilliant experience in meeting you and welcoming you into our VAB-HSS family!

PGY-4 Residents



Alesia Cloutier, D.O., M.S. Lincoln Memorial University - Dubusk College of Osteopathic Medicine



Terrance Dolan, M.D., MS New York Medical College



Ryan Robinson, M.D. University of Texas Southwestern Medical School



Carsen Sulzer, M.D. University of Connecticut School of Medicine



Troy Nold, M.D., M.S. East Tennessee State University Quillen College of Medicine

PGY-4 Resident Spotlight:

Carsen Sulzer, MD



My name is Carsen Sulzer, and I am a current PGY-4 resident at Harvard South Shore. I grew up in Upstate New York and traveled to Western New York for undergraduate school, where I studied Biology and Mathematics. I attended University of Connecticut for medical school, where I thought I would begin my career as a surgeon. During my MS-3 rotation, I developed a love for Psychiatry, and I created my Capstone project to be a study of music interventions on the inpatient unit. Since then, it was only ever Psychiatry for me. On my interview day, I was immediately drawn to HSS by the community of residents and faculty I had met, and the community continues to be the highlight of HSS for me today. The residents here are truly supportive and collaborative, and we are competitive but, in a family,-oriented way. My interests have fluctuated drastically throughout residency, starting with inpatient and emergency psychiatry and later shifting to outpatient psychiatry and psychotherapeutics. No matter your interests, we hope you'll consider joining our family and learning with us as you embark on this exciting journey of residency!

Where do our residents go from here?

2022

Stefania Buonocore, D.O., M.S.
C-L Psychiatry Fellowship
Montefiore Albert Einstein Medical Center

Kevin Cates, M.D., M.P.H.
Community health Staff psychiatrist
Bronx, NY
Small private practice
Manhattan, NY

Anderson Chen, M.D.

Mass General Brigham Geriatric Psychiatry Fellowship

Serena Chen, M.D.
Outpatient Psychiatrist at Talkiatry

Frank Copeli, M.D.
Addiction and Geriatric Psychiatry
Baltimore, Maryland

William Olcott, M.D., M.B.A. General Adult Inpatient Psychiatry at McLean SouthEast

Sabina Grech, M.D.
Child and Adolescent Psychiatry Fellowship Program Warren Alpert
Medical School of Brown University

Shawn Jin, M.D.
The Child and Adolescent Psychiatry Fellowship of Massachusetts General Hospital and McLean
Hospital/Harvard Medical School

2021

Brendan Campbell, M.D. Neuropsychiatry Fellowship VA Boston Healthcare System, Massachusetts

Jolyn Ferrell, M.D., Pharm.D.
Outpatient Psychiatry Practice
Atlanta, Georgia

Priya Gearin, M.D. Child & Adolescent Psychiatry Fellowship Warren Alpert Brown School of Medicine, Rhode Island

Aaron Greenstein, M.D. Geriatric Psychiatry Fellowship Massachusetts General Brigham, Massachusetts

Alexa Hall, M.D.
Outpatient Psychiatry Practice
Santa Monica, California

Avni Patel, D.O.
Outpatient Psychiatry Practice - Kaiser Permanente
Los Angeles, California

Bianca Patel, M.D.
Outpatient Psychiatry Practice
Southern California

Aishwarya Rajagopalan, D.O., MHS
Child & Adolescent Psychiatry Fellowship
Duke University Medical Center, North Carolina

Kemper Schumacher, M.D. Child & Adolescent Psychiatry Fellowship Massachusetts General Hospital/McLean, Massachusetts

Haley Solomon, D.O. Geriatric Psychiatry Fellowship University of California, San Diego, California

2020

Ermal Bojdani, M.D.
Public Psychiatry Fellowship
Columbia University, New York

Heidi Geil, D.O.
Outpatient Psychiatry Group Practice
San Francisco Bay Area, California

Kevin Li, M.D.
Director of ECT, TMS and Ketamine
Kaiser Permanente Fremont, California

Duy Ly, M.D.
Psychiatry Practice
Boston, Massachusetts

Michael Ruderman, M.D.
Psychiatry Research Fellowship
San Francisco VA/UCSF, California

Jaimie Yung, M.D. Good Samaritan Medical Center Corvallis, Oregon

2019

Shivaun Gannon, M.D.

Child & Adolescent Psychiatry Fellowship University of Washington, Washington

Yajie Yu, M.D.

Child & Adolescent Psychiatry Fellowship
Boston Children's Hospital, Harvard Medical School, Massachusetts

Sundus Mari, M.D.
Child & Adolescent Psychiatry Fellowship
Boston Children's Hospital, Harvard Medical School, Massachusetts

Spencer LunBeck, M.D.
Consultation-Liaison Fellowship
University of Washington, Washington

Rachel Ann Meyen, M.D. Geriatric Psychiatry Fellowship Massachusetts General Brigham, Massachusetts

Ashley Beaulieu, D.O. Women's Mental Health Fellowship Mclean Hospital, Massachusetts

Mitchell Crawford, D.O.
Director of Addiction Services
WellSpan Health, Pennsylvania

Byung Kil Kim, M.D. Research Fellowship VA Boston Healthcare System, Massachusetts

Kendall Bache, M.D. Staff Psychiatrist at Partial Hospital Program Pocasset Mental Health Center, Massachusetts

2018

Vivek Jayadeva, M.D. Interventional Pain Fellowship University of Washington, Washington

Iraklis Giakoumatos, M.D. Addiction Psychiatry Fellowship Massachusetts General Hospital/McLean, Massachusetts

Edward Tabasky, M.D.
Public Psychiatry Fellowship
Columbia University, New York

Bushra Awidi, M.D.

Child & Adolescent Psychiatry Fellowship
Massachusetts General Hospital/McLean Massachusetts

Byron Smith, M.D. Child & Adolescent Psychiatry Fellowship Tufts University, Massachusetts

Andrew Robin, M.D.
Military Medicine
Naval Medical Center Portsmouth (NMCP), Virginia

Blake Webb, M.D. Chief Resident in Quality and Safety VA Boston Healthcare System, Harvard Medical School, Massachusetts

David Robinson, M.D.
Director of Adult Inpatient Unit
Carney Hospital, Massachusetts

2017

Aengus O Conghaile, M.D. Geriatric Psychiatry Fellowship Massachusetts General Brigham, Massachusetts

Alana Bunnag, M.D.
Child & Adolescent Psychiatry Fellowship
Icahn School of Medicine at Mount Sinai, New York

Shahrzad Sims, D.O. Forensic Psychiatry Fellowship Tulane University, Louisiana

Marina Peters, D.O., Pharm.D. Addiction Psychiatry Fellowship Boston University, Massachusetts

Simrun Kalra, M.D., M.P.S. Group Practice Kaiser Permanente

Marek Hirsch, M.D. Hospitalist Memorial Hospital Jacksonville, Florida

Dana Wang, M.D. Private Practice New York

Graduate Spotlight Dr. Edwin Raffi, M.D., MPH VAB-HSS Graduate 2016



Dr. Edwin Raffi is a board-certified psychiatrist at the Massachusetts General Hospital's Center for Women's Mental Health and the MGH HOPE clinic, and an Instructor in Psychiatry at Harvard Medical School. He is the Chief Medical Officer (CMO) for Column Health Clinics, a network of outpatient clinics that provide state of the art outpatient dual diagnosis care.

Dr. Raffi completed his psychiatry residency training at VAB-HSS in 2016. While at VAB-HSS he was a shared recipient of the Harvard Medical School Department of Psychiatry 2016 Harry C. and Maida Solomon Award for his work related to substance use disorder in veterans; a research effort guided by his residency mentor Dr. Grace Chang.

Additionally, he spearheaded a one-year project to implement the MGH-Benson-Henry Institute's Mind-Body Program into a VA residential program for Women with PTSD and Substance Use disorder.

After graduation from VAB-HSS he did a fellowship in perinatal and reproductive psychiatry at the MGH Center for Women's Mental Health (CWMH). He has since continued his clinical and academic efforts at the MGH CWMH and the MGH HOPE clinic, an integrative care clinic for pregnant and postpartum women with substance use disorders. In 2019 he became the CMO for Column Health Clinics, a leading and fast-growing network of mental health and SUDs treatment clinics with the mission of humane, modern, tech-forward and stigma-free treatment for all patients in need of care. Dr. Raffi has published works in topics related to treatment of mood and anxiety in women, menstrual cycle related mood and anxiety disorders, addiction psychiatry, comorbid trauma and mood disorders.

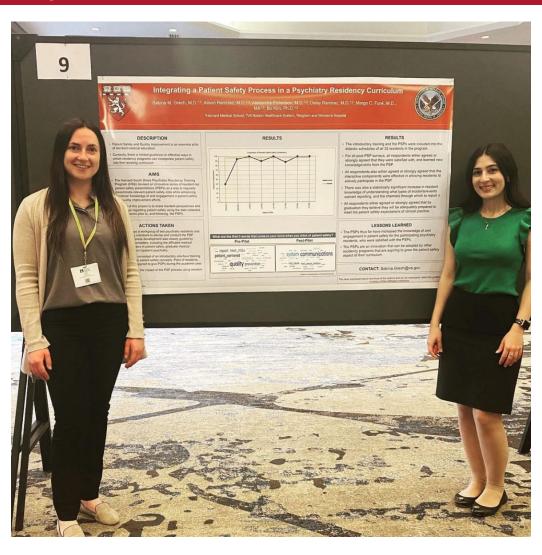
"VAB-HSS exists through the merger of two strong institutions, namely Harvard Medical

School and the VA Boston Healthcare System. One cannot ask for a better confluence of forces when it comes to a training program in psychiatry" says doctor Raffi of his alma matter. "I loved having an organized and protected day every week dedicated to didactics taught by renowned experts throughout all four years of residency! I loved that our didactics covered a wide variety of information ranging from an in-depth training in different psychotherapy modalities to psychopharmacology, neurology, and leadership skills amongst other courses. I truly felt prepared as a psychiatrist at graduation. VAB-HSS was my first choice during the residency application cycle and it will always be home for me."

You can read an article Dr. Raffi wrote on about his experience as a first year resident <u>here</u>.

This article first appeared in the Massachusetts Psychiatric Society Newsletter, Issue 137, September 2013

RESEARCH



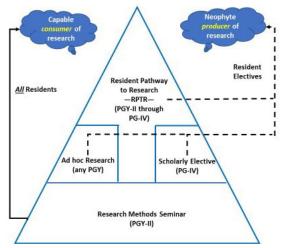
What is research training at VAB-HSS?

Research training at VAB-HSS has two aims:

- 1. For all residents: to become lifelong learners who can critically evaluate and apply scientific evidence to their professional careers.
- 2. For self-selected residents: to provide opportunities to build the skills, attitudes, and relationships needed to establish research as substantive aspects of their

Direct involvement in scholarly and research activities can take many forms during a resident's time at VAB-HSS:

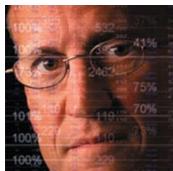
- Some residents informally identify research mentors, at any time in their training, to do literature reviews or research projects.
- Others choose to do a scholarly elective in PGY-4.
- The Resident Pathways to Research (RPTR) is a multi-year, graded, stepwise introduction to research during PGY-3 and PGY-4. The RPTR is designed for psychiatry residents who are considering a career with a substantive component of mental health research. Residents on the research track will have protected time in their PGY-3 and PGY-4 years for research.











Project & Manuscript Consulting







Other Resources







Harvard Library

Knowledge Library

RESIDENT LIFE & BENEFITS



VAB-HSS Wellness Initiatives:

- **Resident Retreats**: VAB-HSS sponsors fall and summer resident-run retreats to support resident cohesiveness, team-building, and to welcome new residents to our program.
- Social Events: VAB-HSS residents comprise a cohesive and supportive group,
 who often spend time together outside of work. The Program Director typically
 sponsors a Summer Picnic and Winter Holiday party at her home. The VA
 frequently hosts employee appreciation events which residents attend. Harvard
 Medical School hosts a number of distinguished events specifically for graduate
 medical trainees.
- **Birthdays**: At our monthly all residents' meeting, birthday shout-outs with cards and treats are presented to residents with birthdays in that month.
- Annual Resident Wellness/Whole Health Training Day: VAB-HSS participates in a resident-directed wellness day for all residents on a didactic Wednesday in February. This day also trains the residents in Whole Health—a program that VA Boston encourages for all its trainees, employees, and patients. Activities on wellness days in recent years have included healthy cooking instruction, group sports, Tai Chi, art activities, gym visits, and group mindfulness activities.
- **Tickets**: Residents are often able to get reduced cost tickets to various events and attractions using our VA and Harvard IDs. (e.g., \$5 Red Sox tickets, free admission to the Museum of Fine Arts, Boston)
- Our residents have continued to find creative ways to socialize and have fun even during the COVID-19 pandemic. These have included online board game nights, socially distanced brunches, and outdoors/socially distant activities (i.e., a lot of hiking and biking).
- Participation: VAB-HSS residents are encouraged to actively engage in all aspects of VAB-HSS, including quality improvement projects, action teams, recruitment, and advisory committees. Resident representatives from each post-graduate year participate in the Program Evaluation Committee (PEC) and Ombudsperson program. PEC focuses on reviewing, changing, generating, and enacting policies that affect the whole residency. The Ombudsperson program provides a forum for residents to raise concerns to program leadership in a neutral, anonymous setting. Residents have also been engaged in inter-residency activities, participating in activities, networking with other residents in the greater Boston Area. Many of our residents have also been involved in community social justice & advocacy

Current Benefits:

All residents receive the VA employee benefits package including medical, dental, vision, life insurance, and pre-tax flexible spending accounts for healthcare and/or dependent care costs (daycare, summer camp). All plans are eligible on the first date of employment, and the cost of coverage is largely employer subsidized. Click here to view benefits information.

Unfortunately, at this time the VA does not offer retirement benefits to residents.

Education Stipend:

Residents who are presenting a poster, oral presentation or receiving an award may receive reimbursement for conference registration. Residents have access to all Harvard and VA library resources, which include online subscriptions to most academic journals and many online textbooks.

Moonlighting:

Third- and fourth-year residents in good standing have access to various moonlighting opportunities once they receive their full license to practice. PGY-3 and PGY-4 residents may apply to moonlight internally at the VA, where they have the opportunity to provide teaching and mentorship to their younger colleagues while gaining valuable experience in a supervisory role.

Time and Leave:

Annual Leave (Paid Vacation)	20 days per contract year
Sick Leave	13 days per contract year

Parental Leave:



VAB-HSS is committed to supporting the growth and development of resident families. We believe it is essential for parents to have the opportunity to stay home with their new babies without the stress of work obligations, fear of lost wages, or worry about delayed program completion. To promote ample well-being, establishment of breastfeeding, parental and baby physical and mental health, and family bonding, residents are encouraged to take parental leave following the birth and/or adoption of a child.

VAB-HSS accommodates paid parental leave through a combination of annual leave, current and accrued sick leave, and advanced leave. Residents may take additional unpaid leave through a variety of mechanisms and may take up to six weeks of unpaid leave without extending residency training.

Residents returning from leave may transition back into clinical work through a variety of scholarly electives, with flexible schedules, or even part-time. We are committed to supporting residents in every way possible to promote healthy parenthood.

APPLICATION PROCESS

As a VA program, we must adhere to official federal hiring practice guidelines which require an employee to be a U.S. citizen. We regret that we are unable to hire noncitizens and therefore encourage non-citizens to not apply.



We welcome all allopathic and osteopathic medical graduates to apply. Applications are accepted via **ERAS** beginning 9/1/2022. Please note that the VA Boston-Harvard South Shore Psychiatry Residency Training Program is labeled in ERAS, FREIDA, and ACGME as Boston VA Healthcare System (Brockton-West Roxbury)/Harvard Medical School Program, ID: 4002421279. We participate in the National Resident Matching Program (NRMP). We are unable to offer positions outside of the match. We have no formal deadline for the submission of applications, but we do have a limited number of interview slots. We encourage applicants to submit completed application materials as close to the 9/28/2022 application release date as possible.

This year we will begin reviewing applications immediately upon the application release date of 9/28. We will begin sending invitations to interview on 10/10. We will continue to extend initial invitations through November. Invitations will be sent on Monday afternoons after 4pm EDT/EST. We will never invite more applicants than the available number of interview spots. We understand that applicants may need to cancel interviews as situations change. Invitations to fill a newly-opened spot will be offered as needed. Interviews will be conducted from October through January with the possibility of opening additional interview days in February as needed. Interview dates for the 2022-23 recruitment seasons are as follows: 10/24, 10/25, 11/7, 11/8, 11/14, 11/15, 11/28, 11/29, 12/5, 12/6, 12/12, 1/9, 1/10, 1/17, 1/23, 1/24.

Interview days will be entirely virtual. The day will begin at 10:30am EDT/EST with a 30-minute window to arrive, test technology, and chat with our program coordinators and Chief Residents. The formal portion of the day will begin at 11am and consist of a program orientation by the Program Directors and the Chief Residents, a resident group chat with break-outs to allow you to meet our residents and ask questions in an informal setting, followed by a series of six 25-minute interviews with Drs. Ramirez, Bellis-Jones, Dolan, and other faculty and resident members of the recruitment committee. The formal portion of the day will conclude at 4:00pm EDT/EST. Applicants are then invited to attend a fun, informal virtual evening event to meet even more of our residents from 6-7pm EDT/EST. Applicants will also be invited to watch a virtual tour of our campuses and rotation sites at your convenience.

Should you match at VA Boston-Harvard South Shore you will attend a comprehensive, fully paid orientation that will begin three weeks prior to 7/1. All program applicants must meet these criteria:

- Enrollment in an accredited allopathic or osteopathic medical school
- Passing Step 1 (and when applicable, Step 2 CK + CS) on the USMLE or COMLEX equivalent on the first attempt.
- Demonstration of Psychiatry as a primary career choice through scholarly and extracurricular activities.

Must be a US Citizen.

Please submit all ERAS requirements, specifically:

- Medical School and other relevant transcripts
- Dean's Letter (i.e., MSPE)
- 3 letters of reference at least two from clinicians, at least one from a psychiatrist
- Personal Statement
- ERAS photo
- USMLE Step 1 report or COMLEX equivalent
- USMLE Step 2 CK +CS or COMLEX equivalents must be submitted prior to February to be eligible for our rank order list

FAQs:

What do you seek in a candidate?

- Must be a US Citizen, as a VA program, we must adhere to official federal hiring practice guidelines which require an employee to be a U.S. citizen.
- Academically driven, self-motivated physicians who seek excellence in scholarship and clinical acumen
- Models of professionalism with excellent communication skills and high regard for integrity and accountability
- Collaborative, supportive of co-residents, who are team-oriented
- Dedicated to the highest levels of service, advocacy, and ethical practice
- Future innovators who are committed to making positive change in healthcare
- Candidates from medically-underserved backgrounds are encouraged to apply

We value all forms of diversity. A resident-lead committee recently drafted a diversity and inclusion statement to express the values that guide our thinking about diversity and inclusion.

"It is our vision to grow a diverse residency and cultivate an inclusive work and learning environment, where all residents and staff - drawing upon the diversity - are fully engaged and empowered to become caring physicians, scholars, and leaders. We are committed to including residents of all backgrounds and walks of life including, but not limited to race, color, national origin, religion, sex, pregnancy, marital status, sexual orientation, gender identity, gender expression or perceived gender, age, physical or mental disability, genetic information, veteran status, parental status, educational background, or any other characteristics. We embrace the mission to create a place where a person's identity is protected and valued to the fullest. We humbly acknowledge that this requires significant thoughtfulness by leadership and from within."

If I attend a pre-interview event, such as an open house, will it affect my application, my interview, or will I be evaluated?

No, pre-interview events are non-evaluative. These events, such as open houses and "Meet & Greet" events serve as an opportunity for you to meet residents, ask questions, and learn more about our program. These events are our opportunity to tell you more about why we love VAB-HSS.

Is there a cut-off date for graduation from medical school?

There is no cut-off date; however, we consider length of time away from clinical practice important. Ideal candidates will have completed medical school or other residency training within the last 2 years.

Do you accept applications from non-US citizen medical graduates?

As a VA program, we must adhere to official federal hiring practice guidelines which require an employee to be a U.S. citizen (or equivalent). We regret that we are unable to hire non-citizens and therefore encourage non-citizens to not apply.

Do you offer externships?

We do not offer externships at this time, however our office would be happy to connect you with appropriate resources.

How has VAB-HSS responded to the COVID-19 Pandemic?

As a VA-centered program, VAB-HSS has benefitted from the resources allocated by and to the VA for COVID-19 response. These have included a national stockpile of PPE, with no period at any point in the pandemic in which PPE was unavailable at VA Boston. Our program leadership has prioritized resident safety by shifting work to virtual care where possible and providing ample PPE and best safety practices where virtual care is not possible. Our chief residents have been closely involved in crafting policy and solutions which prioritize resident safety while also remaining patient-centered. We are very strongly positioned to respond to future waves of COVID-19 in 2021 and beyond.

How will interviews be conducted in the 2022-2023 cycle?

The 2022-2023 interview cycle will be conducted virtual, in line with guidance provided by the American Association of Medical Colleges (AAMC) and American Association of Directors of Psychiatry Residency Training (AADPRT). In line with this guidance, we will not provide in-person interviews or visits. We are dedicated to providing you with as much information as possible, with the limitations imposed by the pandemic. We will include ample opportunity to speak with residents candidly, in private settings; we will include opportunities to see our facilities virtually; and the season will be limited to virtual interviews. Our goal is fairness to all applicants, and thus we will not be able to provide in-person visits even to local applicants. We hope to be as flexible as we possibly can, while still adhering to the guidance provided by AAMC, AADPRT, and our own principles of fairness.

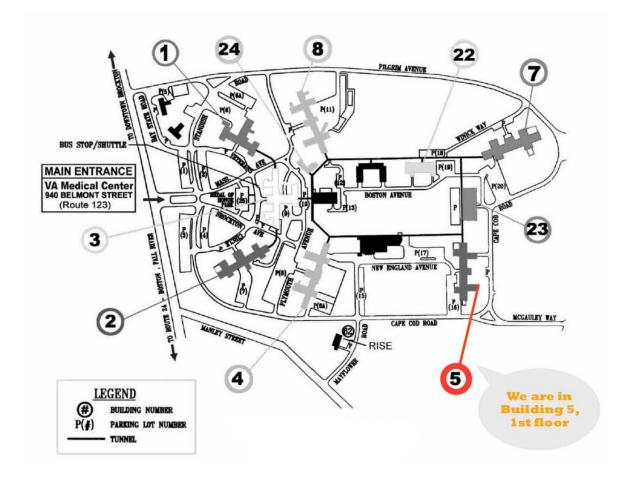
Who can I contact for further questions?

Our wonderful program coordinator and chief resident!

Erin Lovell	Chief Resident
Email:	Email:
<u>Erin.Lovell@va.gov</u>	HSSchiefresidents@gmail.com

CONTACT

940 Belmont Street, Psychiatry 116A7 Brockton, MA 02301 Tel: (774) 826-2458 | Fax: (774) 826-1859 Email



Selected Scholarship Portfolio of VAB-HSS Residents

SELECTED RECENT PEER-REVIEWED PUBLICATIONS BY VAB-HSS RESIDENTS

Bojdani E, Chen A, Buonocore S, Li KJ, and Gurrera R. Meloxicam-desmopressin drugdrug interaction producing hyponatremia. Psychiatry Research (2019). https://doi.org/10.1016/j.psychres.2019.05.009. PMID 31084937

Bojdani E, Zhang T, Shetty S, Tahera D. Hypercalcemia and psychosis: case report, review of the literature, and management considerations. Primary Care Companion for CNS Disorders. (2018);20(6):18nr02356. PMID 30549497

Bojdani, E., Chen, A., Zhang, T., Naqvi, N., & Tahera, D. (2019). Hypertensive Urgency and Emergency in Alcohol Withdrawal: A Literature Review. Prim Care Companion CNS Disord, 21(6). doi:10.4088/PCC.19r02513 PMID 31846238

Bojdani, E., Rajagopalan, A., Chen, A., Gearin, P., Olcott, W., Shankar, V., Cloutier, A., Solomon, H., Naqvir, N. Z., Batty, N., Festin, F., Tahera, D., Chang, G., & DeLisi, L. E. (2020). COVID-19 Pandemic: Impact on Psychiatric Care in the United States, a Review. Psychiatry Research, 113069. Advance online publication. https://doi.org/10.1016/j.psychres.2020.113069 PMID 32413707

Buonocore S, & Funk M. Understanding the Breadth and Depth of C-L Psychiatry: Complex Psychopharmacology in Medically III Patients. Psychiatric News. (2020);55(505). Published Online:5 Mar 2020; https://doi.org/10.1176/appi.pn.2020.3a7 PMID

Chang GC, Crawford MC, Pitts M, Schein AZ, Goodwin K. Adherence to extended-release naltrexone: Patient and treatment characteristics. The American Journal on Addictions. (2018);27: 524-530. PMID 30106489

Chen, A., Mari, S., Grech, S., & Levitt, J. (2020). What We Know About Massively Multiplayer Online Role-Playing Games. Harv Rev Psychiatry, 28(2), 107-112. doi:10.1097/hrp.000000000000247 PMID 32134835

Chen, A., Park, T. Y., Li, K. J., & DeLisi, L. E. (2020). Antipsychotics and the microbiota. Curr Opin Psychiatry. doi:10.1097/yco.0000000000000594 PMID 32068569

Copeli, F., & Cohen, C. (2019). Medical Issues in Older Adults with Schizophrenia. In C. Cohen & P. Meesters (Eds.), Schizophrenia and Psychoses in Later Life: New Perspectives on Treatment, Research, and Policy (pp. 79-94). Cambridge: Cambridge University Press. doi:10.1017/9781108539593.008

Fries GR, Zamzow MJ, Andrews T, Pink O, Scaini G, and Quevedo J. Accelerated Aging in Bipolar Disorder: A Comprehensive Review of Molecular Findings and Their Clinical Implications. Neuroscience & Biobehavioral Reviews. (2020);112: 107-116. PMID 32018037

Gearin PF. Learning to Do Therapy in 2020. American Journal of Psychiatry – Residents' Journal. In press.

Gearin PF, Bojdani E, Zhang T, Ly D, Li KJ. "Advancing Diagnostic Accuracy and Treatment With the Cultural Formulation Interview: Assessment of Psychosis in a Jamaican-American Woman." American Journal of Psychiatry—Residents' Journal. March 2020. 15(3): 12-14.

Greydanus DE, Cates KW, Sadigh N. Adverse effects of stimulant medications in children and adolescents: Focus on sleep and growth disturbances. International Journal of Adolescent Medicine and Health. (2019);31(2). PMID: 31079090

Li, K. J., Chen, A., & DeLisi, L. E. (2020). Opioid use and schizophrenia. Curr Opin Psychiatry. doi:10.1097/yco.00000000000593 PMID 32073422

Li JK, Delisi, LE. Potentially fatal outcomes associated with clozapine. Schizophrenia Research, 2018; S0920-9964 (18)30138-5. DOI: 10.1016/j.schres.2018.02.058. PMID 29503232

Li KJ, Greenstein AP, Delisi LE. Sudden death in schizophrenia. Current Opinion in Psychiatry, 2018; 31, 169-175. DOI:10.1097/YCO.000000000000403. PMID 29517519

Li KJ, Smedberg DL, Delisi LE. A retrospective 4-year outcome study of veterans admitted to an acute inpatient detoxification unit for opiate use disorder. The American Journal on Addictions. (2019);28(4): https://doi.org/10.1111/ajad.12893. PMID 31067001

Li KJ, Solomon HV, DeLisi LE. Clozapine pharmacogenomics: A review of efficacy, pharmacokinetics, and agranulocytosis. Current Opinion in Psychiatry. (2018);31(5): 403-408. PMID 29985178

Rajagopalan AK, Bache WK, Chen SZ, Bojdani E, and Li KJ. New-generation antipsychotics and cardiovascular risk. Current Treatment Options in Psychiatry. (2019). https://doi.org/10.1007/s40501-019-00173-z.

Saxe, D.B. and Solomon, H.V. Lawyers Coping with Enforced Social Isolation. New York Law Journal. 2020, June 02.

https://www.law.com/newyorklawjournal/2020/06/02/lawyers-coping-with-enforced-social-isolation/

Solomon, H.V. COVID-19 Checklist: Mask, Gloves, and Video Chatting with Grandpa. Psychiatry Research. 2020 June; 288:112986. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7271068/ PMID 32279009

Solomon HV, Cates KW, Li KJ. Does obtaining CYP2D6 and CYP2C19 pharmacogenetic testing predict antidepressant response or adverse drug reactions? Psychiatry Research. (2019);271: 604-613. PMID: 30554109

SELECTED PRESENTATIONS BY VAB-HSS RESIDENTS

Beaulieu AM, Tabasky T, Osser DN. Algorithm for the pharmacotherapy of obsessive-compulsive disorder. Poster presented at: American Psychiatric Association Annual Meeting; 2019; San Francisco, CA

Bojdani E. Meloxicam-desmopressin drug-drug interaction producing hyponatremia. The Cobb Assembly organized by the Boston Society of Neurology, Neurosurgery, and Psychiatry. Boston, MA

Bojdani E, Chen A, Buonocore S, Li K, Gurrera R. Medication-related hyponatremia resulting in seizure: diagnostic and treatment considerations for a patient with schizophrenia and potential contribution from concurrent use of desmopressin, lamotrigine, fluoxetine, meloxicam, and clozapine. Poster presented at: Harvard Psychiatry Research Day; 2019; Boston, MA

Chen A. Antipsychotics and the Microbiome; 2020; Congress of the Schizophrenia International Research Society

Chen A. Behavioral and Psychological Symptoms of Dementia (BPSD) Algorithm; 2020; American Psychiatric Association

Chen A. Gabapentin for Behavioral and Psychiatric Symptoms of Dementia: Renewing the Call for an Intervention Study; 2020; American Association for Geriatric Psychiatry

Chen A. Ketamine and Seizure Threshold During ECT; 2020; American Psychiatric Association

Chen A. Ketamine in Major Depressive Episodes with Psychotic Features: A Case Report; 2020; American Psychiatric Association

Chen A. What we know about massively multiplayer online role-playing games (MMORG). Poster presented at: Harvard Psychiatry Research Day; 2019; Boston MA

Gannon S. Pharmacological management of core symptoms of autism spectrum disorder in adults; a review of the literature. Poster presented at: Harvard Psychiatry Research Day; 2019; Boston MA

Gearin PF. Poster: Suicide References in Top Songs in the United States from 2014-2018. American Academy of Child and Adolescent Psychiatry Annual Meeting, Chicago, IL, October 2019.

Greenstein A. Cannabis Use Among Older Adults. Poster presented at: American Association for Geriatric Psychiatry Annual Meeting in San Antonio, TX, USA. March 2020.

Greenstein A., Chen A., Copeli F. Solomon HV, Mckinell K. Gabapentin for Behavioral and Psychiatric Symptoms of Dementia: Renewing the Call for an Interventional Study. The American Journal of Geriatric Psychiatry. 2020 April; 28(4):S85. 2020 American Association for Geriatric Psychiatry Annual Meeting, San Antonio, TX, USA.

Kim BK. Contributions of multiple CSF neurobiological factors to PTSD severity in men. Poster presented at: Harvard Psychiatry Research Day; 2019; Boston MA

Li K. A Retrospective 4-year Outcome Study of Veterans Admitted to an Acute Inpatient Detoxification Unit for Opiate Use Disorder. Poster presented at: Harvard Psychiatry Research Day; 2019; Boston MA Li, KJ, Delisi, LE. Clozapine Related Sudden Death: A Case Report and Literature Review. 2017 American College of Neuropsychopharmacology (ACNP) Annual Meeting, Palm Springs, CA, USA

Li K, DeLisi L. Comorbid opioid use and schizophrenia: A review. Presented at: Schizophrenia International Research Society Annual Meeting; 2019; Orlando, FL

Li K, DeLisi L. Risk factors for opioid-related mortality in a 4-year study of 182 military veterans: an Evaluation of MAT and residential rehabilitation. Presented at: American College of Neuropsychopharmacology Annual Meeting; 2018; Hollywood, FL

Li K, Solomon H, DeLisi L. Clozapine pharmacogenetics: A review. Presented at: Schizophrenia International Research Society Annual Meeting; 2019; Orlando, FL

Li K, Solomon H, DeLisi, L. Clozapine pharmacogenetics: a review. Presented at: World Congress of Psychiatric Genetics Annual Meeting; 2018; Glasgow, Scotland

Li, KJ, Sorrentino, RM, Inappropriate Sexual Behaviors in Autism: A Prospective Epidemiological Study. 2017 Harvard Psychiatry Research Day and Mysell Lecture, Boston, MA, USA.

LunBeck S. Management of synthetic cathinone ("bath salts") use and intoxication: A case report." Poster presented at: Harvard Psychiatry Research Day; 2019; Boston MA

Mari S. Clinical Perspective: Online and in treatment: Logging on to the positive use of technology in psychiatric practice. Presented at: American Academy for Child and Adolescent Psychiatry Annual Meeting; 2018; Seattle, WA

Mari S. Special Interest Group: Suicide, starvation, and savants: Portrayals of child and adolescent mental health in the media. Presented at: American Academy for Child and Adolescent Psychiatry Annual Meeting; 2018; Seattle, WA

Mari S. Media Theatre: Coco: A young Mexican boy's journey to find his identity through the cultural celebration of ancestry and music. Presented at: American Academy for Child and Adolescent Psychiatry Annual Meeting; 2018; Seattle, WA

Meyen R. The state of geriatric psychiatry training: A survey of U.S. program directors. Poster presented at: American Association for Geriatric Psychiatry Annual Meeting; 2019; Atlanta, GA

Meyen R. Two roads diverged in a fellowship: Choosing between geriatric psychiatry and consultation-liaison psychiatry. Workshop panelist at: American Association for Geriatric Psychiatry Annual Meeting; 2019; Atlanta, GA

Patel B, Schumacher K, Kim BK. Can gratitude journaling help reduce resident burnout? A pilot study. Poster presented at: American Psychiatric Association Annual Meeting; 2019; San Francisco, CA

Rajagopalan A. A case of psychosis induced by vascular disease. Poster presented at: Harvard Psychiatry Research Day; 2019; Boston MA

Rajagopalan AK, Gearin PF, Ruopp M. Poster: Does Internal Medicine Orientation and a Medical Toolbox Increase Resident Comfort On Call? American Psychiatric Association Annual Meeting, Philadelphia, PA, April 2020, accepted

Ruderman M. Enhancing analysis in implementation science: Heterogeneity of treatment effects in trials using a stepped wedge design. Poster presented at: Society for Epidemiologic Research Annual Meeting; 2018; Minneapolis, MN

Ruderman M. Enhancing Analysis for Implementation Science Studies That Use Stepped Wedge Designs: Case Example of Bayesian Survival Analysis for a VA implementation trial of a Collaborative Care Model on Hospitalization Rates. Poster presented at: Harvard Psychiatry Research Day; 2019; Boston, MA

Schumacher, K., Patel, B., Kim, B. (2019, May). Addressing resident wellness: Does gratitude journaling improve Quality of Life? Poster presented at: American Psychiatric Association Annual Meeting; 2019; San Francisco, CA

Solomon HV. Cannabis Use in the Age of Legalization: Implications for the Geriatric Population. Selected symposium presentation at the American Association for Geriatric Psychiatry Annual Meeting in San Antonio, TX, USA. March 2020.

Solomon, HV, Cates, KW, Li, KJ. Does obtaining CYP2D6 and CYP2C19 pharmacogenetic testing predict antidepressant response or adverse drug reactions? Presented at: Harvard Psychiatry Research Day, 2019; Boston MA

Sulzer CN, Singh R, Mei M, Chan G, Gopinath S, Rehman MS, Guerrera MP. What Effect do Music Sessions have on Inpatient Psychiatry Patients? A Pilot Study. Poster Presentation at International Congress on Integrative Medicine and Health in Cleveland, OH, USA. Presented Virtually, 2020.

Yu Y. Are Sub-Reddit Memberships Predictors of Mental Health Outcomes? Poster presented at: Harvard Psychiatry Research Day, 2019; Boston MA

SELECTED SCHOLARSHIPS AWARDED TO VAB-HSS RESIDENTS

Harvard Medical School Department of Psychiatry Livingston Research Fellowship – Anderson Chen, M.D. (2021)

Harvard Medical School Department of Psychiatry Livingston Research Fellowship – Haley V. Solomon, D.O. (2020)

American Association for Geriatric Psychiatry Honors Scholar – Aaron Greenstein, M.D. (2020)

American Association for Geriatric Psychiatry Honors Scholar – Haley V. Solomon, D.O. (2020)

American Academy of Child and Adolescent Psychiatry Educational Outreach Program Award

- Priya Gearin, M.D. (2019)

Harry and Maida Solomon Award

- Recognizes best resident research across the entire Department of Psychiatry at Harvard Medical School.
 - Scott Master Lee, M.D. (Winner March, 2022)
 - Kevin Li, M.D. (Semi-Finalist 2019)
 - Michael Ruderman, DO, MPH (Semi-Finalist 2017)
 - Aengus O'Conghaile, M.D. (Winner 2017)
 - Edwin Raffi, M.D., MPH (Winner 2016)

Livingston Research Fellowship Award

- Competitive award of up to \$10,000 for project expenses beyond salary, administered by the Department of Psychiatry at Harvard Medical School
 - Kevin Li, M.D. (2019)
 - Aengus O'Conghaile, M.D. (2017)
 - Edwin Raffi, M.D., MPH (2016)

SELECTED EDITORIAL POSITIONS HELD BY VAB-HSS RESIDENTS

- Scott Lee, M.D., Assistant Editor, Harvard Review of Psychiatry
- Alesia Cloutier, D.O., Assistant Editor, Harvard Review of Psychiatry
- Justine Lazatin, D.O., Assistant Editor, Harvard Review of Psychiatry
- Priya Gearin, M.D., Media Editor, American Journal of Psychiatry
- Frank Copeli, M.D., Assistant Editor, Harvard Review of Psychiatry
- Carsen Sulzer, M.D., Peer Reviewer, Federal Practitioner
- Aaron Greenstein, M.D., Assistant Editor, Harvard Review of Psychiatry
- Rachel Meyen, M.D., Assistant Editor, Harvard Review of Psychiatry
- Michael Ruderman, M.D., Assistant Editor, Harvard Review of Psychiatry
- Ermal Bojdani, M.D., Manuscript Reviewer, Psychiatric Research
- Haley Solomon, D.O., Local Editorial Board Member
- Priya Gearin, M.D., Manuscript Reviewer, Psychiatric Research
- Kevin Li, M.D., Local Editorial Board Member, Psychiatric Research
- Kevin Li, M.D., Ad-hoc Reviewer PLOS One
- Kevin Li, M.D., Ad-hoc Reviewer Journal of Technology in Behavioral Science
- Kevin Li, M.D., Ad-hoc Reviewer Schizophrenia Research
- Kevin Li, M.D., Ad-hoc Reviewer British Medical Journal (BMJ) Case Reports
- Mitchell Crawford, D.O., Reviewer, Journal of Addiction Medicine
- Mitchell Crawford, D.O., Reviewer, The American Journal on Addictions

SELECTED PUBLICATIONS BY VAB-HSS FACULTY

Aguilar DD, Strecker RE, Basheer R, McNally JM. Alterations in sleep, sleep spindle, and EEG power in mGluR5 knockout mice. J Neurophysiol. 2020 01 01; 123(1):22-33. PMID: 31747354.

Alaferdov AV, Savu R, Fantini C, Cançado LG, Moshkalev SA. Raman spectra of multilayer graphene under high temperatures. J Phys Condens Matter. 2020 May 22; 32(38):385704. PMID: 32442985.

Arditte Hall KA, Davison EH, Galovski TE, Vasterling JJ, Pineles SL. Associations Between Trauma-Related Rumination and Symptoms of Posttraumatic Stress and Depression in Treatment-Seeking Female Veterans. J Trauma Stress. 2019 Apr; 32(2):260-268. PMID: 31009555.

Azarbarzin A, Younes M, Sands SA, Wellman A, Redline S, Czeisler CA, Gottlieb DJ. Interhemispheric sleep depth coherence predicts driving safety in sleep apnea. J Sleep Res. 2020 May 22; e13092. PMID: 32441843.

Baker TE, Chang G. The use of auricular acupuncture in opioid use disorder: A systematic literature review. Am J Addict. 2016;25(8):592-602. doi:10.1111/ajad.12453

Bauer MS, Kirchner J. Implementation science: What is it and why should I care? Psychiatry Res. 2020 01; 283:112376. PMID: 31036287.

Bauer MS, Miller CJ, Kim B, Lew R, Stolzmann K, Sullivan J, Riendeau R, Pitcock J, Williamson A, Connolly S, Elwy AR, Weaver K. Effectiveness of Implementing a Collaborative Chronic Care Model for Clinician Teams on Patient Outcomes and Health Status in Mental Health: A Randomized Clinical Trial. JAMA Netw Open. 2019 03 01; 2(3):e190230. PMID: 30821830.

Bauer MS, Weaver K, Kim B, Miller C, Lew R, Stolzmann K, Sullivan JL, Riendeau R, Connolly S, Pitcock J, Ludvigsen SM, Elwy AR. The Collaborative Chronic Care Model for Mental Health Conditions: From Evidence Synthesis to Policy Impact to Scale-up and Spread. Med Care. 2019 10; 57 Suppl 10 Suppl 3:S221-S227. PMID: 31517791.

Beaulieu AM, Kim BS, Topor DR, Dickey CC. Seeing is believing: an exploration of what residents value when they receive feedback. Acad Psychiatry. 2019 Oct; 43(5):507-511. PMID: 31161575.

Beaulieu AM, Tabasky E, Osser DN. The psychopharmacology algorithm project at the Harvard South Shore Program: An algorithm for adults with obsessive-compulsive disorder. Psychiatry Res. 2019 11; 281:112583. PMID: 31600606.

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Bojdani E, Chen A, Buonocore S, Li KJ, Gurrera R. Meloxicam-desmopressin drug-drug interaction producing hyponatremia. Psychiatry Res. 2019 09; 279:284-286. PMID: 31084937.

Bojdani E, Chen A, Zhang T, Naqvi N, Tahera D. Hypertensive Urgency and Emergency in Alcohol Withdrawal: A Literature Review. Prim Care Companion CNS Disord. 2019 Dec 12; 21(6). PMID: 31846238.

Bojdani E, Rajagopalan A, Chen A, et al. COVID-19 Pandemic: Impact on psychiatric care in the United States [published online ahead of print, 2020 May 6]. Psychiatry Res. 2020;289:113069. doi:10.1016/j.psychres.2020.113069

Bovin MJ, Black SK, Kleiman SE, Brown ME, Brown LG, Street AE, Rosen RC, Keane TM, Marx BP. The Impact of Assessment Modality and Demographic Characteristics on Endorsement of Military Sexual Trauma. Womens Health Issues. 2019 06 25; 29 Suppl 1:S67-S73. PMID: 31253245.

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Breu AC. Why Is a Cow? Curiosity, Tweetorials, and the Return to Why. N Engl J Med. 2019 Sep 19; 381(12):1097-1098. PMID: 31532957.

Breu AC, Patwardhan VR, Nayor J, Ringwala JN, Devore ZG, Ganatra RB, Hathorn KE, Horton L, Iriana S, Tapper EB. A Multicenter Study Into Causes of Severe Acute Liver Injury. Clin Gastroenterol Hepatol. 2019 05; 17(6):1201-1203. PMID: 30103039.

Breu AC, Tapper EB. Reply. Clin Gastroenterol Hepatol. 2019 04; 17(5):1006. PMID: 30902230.

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